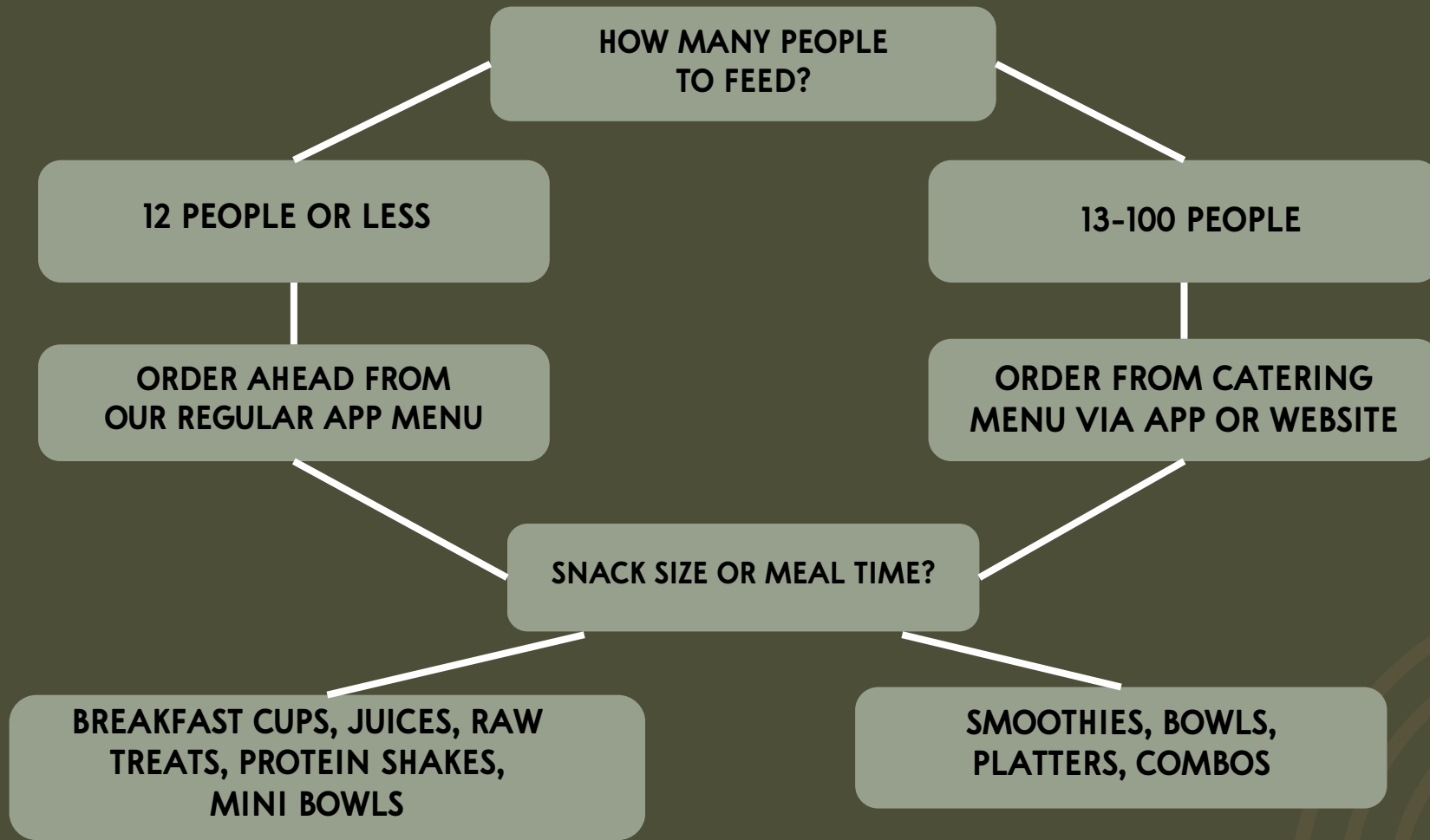




CATERING

Follow the flow chart below to decide which option works best for your event!



CATERING MENU

BOWL \$17 (16oz)

SMOOTHIE \$12 (500ml)



CACAO MOCHA

GF. V.

Cacao, banana, espresso, dates & coconut
Bowl topped with granola, banana, nutella
& cacao nibs

PEANUT BUTTER JELLY

GF. DF. V.

Raspberries, strawberries, blueberries, banana
& coconut
Bowl topped with granola, fruit, coconut chia,
raspberries & peanut butter

ACAI BERRY

DF. V.

Acai pulp with banana
Bowl topped with granola, fruit, peanut butter or
nutella, and coconut

MINI BOWLS \$9

Choose from flavours above

These are half the size of our main
bowls, and are topped with granola
& fruit - a perfect snack!



TROPICAL GREENS

GF. DF. V.

Mango, passionfruit, banana, spinach & coconut
Bowl topped with granola, fruit, coconut chia, and
coconut flakes

MANGO LASSI

DF. V.

Mango, banana, turmeric, cinnamon, dates
& coconut
Bowl topped with granola, fruit, almond butter,
and coconut flakes

SEASONAL PROTEIN OATS

DF. V.

Seasonal option of our protein overnight oats by
Good Mornings
Ask us what this months flavour is all about!



SMOOTHIES

Add protein for \$2

BANANA BREKKIE

Banana, rolled oats, dates, peanut butter and
coconut milk

MANGO PASSION

Mango, banana, passionfruit, and coconut milk

BERRY BOOST

Raspberries, strawberries, boysenberries, banana,
and coconut milk

PLATTERS & EXTRAS

...when you have a whole crew to feed!



BREAKFAST CUP BUNDLE \$40 for 5 cups

Can be made GF. DF. V.

Made in a bundle of 5 cups

A lighter option for a simple yet nutritious snack or small breakfast

Peanut Banana Cinnamon Oats
Berry & Apple Bircher Muesli
Cacao Coconut Chia Pudding
Tiramisu Protein Oats
Tropical Coconut Chia Pudding
Peanut Cookie Dough Oats
Granola Yoghurt & Fruit Cups
Fruit Salad Cups

Ask us if you'd like a bespoke colour, flavour or option!



FRESH JUICES \$7

350ml size

IMMUNITY

Orange, Carrot, Ginger

DETOX

Celery, Apple, Lemon



SWEET TREATS PLATTER

\$80

DF. V. Can be made GF.

Serves 10-15 people as a snack/side

A selection of bite-sized delicious raw vegan treats, with seasonal fruit to accompany.

We can cater to dietary requirements - it is always made vegan/dairy-free, but can also be made gluten-free if needed.